



Sensory pack



Pasta Sensory Box for Babies

Music the children listen to in the Kestrel class



Happy hands YouTube

The children listen to this song before every sessions, it encourages them to wash there hands. They love to dance to it to!



Cooking in the kitchen YouTube

The children listen to this song before cookery sessions.



Relaxing music for children

We play this music in the background, it helps to keep them calm and relaxed when working.



Edible sand

- You will need:
 - Crackers or cereal.
 - Rolling pin or tin can
 - Some sort of tub, bowl or plate.
 - You could use spoons and cups for the children to explore with.
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- Instructions:
 - Break or smash up the crackers into small pieces you could use a rolling pin or a tin to crush them. You can make them as fine as you want. Once they are ready place them in a bowl or plastic plate now its time to explore!



Angel delight cake fun!



You can make lots of different desserts using Angel delight. All you need to do is follow the instructions on the packet and then create your own desserts.

Here's some ideas you could try!

you could make your own cake by using biscuits as the base and put the angel delight onto.

You could freeze them and make them into ice lollies.

You could add different fruits or ingredients to create your own masterpiece!



Dry pasta fun!

The children in the kestrel's class have lots of fun exploring dry pasta.

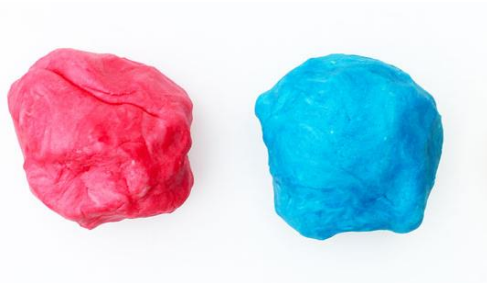
You can add lots of different objects that you have at home e.g., cars, spoons, cups and bowls.

If you are worried about your child eating the dry pasta you can cook it too!

The instructions are on the back of the pack.

Have fun!





UNCOOKED PLAYDOUGH RECIPE 😊

Ingredients:

1 cup flour



1/3 cup salt



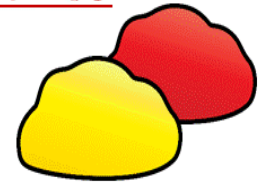
1/3-1/2 cup water



2-3 drops food coloring



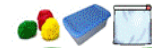
3-5 drops liquid detergent or vegetable oil



Instructions:



Mix the flour and salt in a large bowl. In a separate bowl, mix all the liquid ingredients. Next, slowly add the liquid mixture to the dry mixture and then knead them both together. Add more water by teaspoon if necessary for a proper consistency. Store the playdough in an air tight container in the refrigerator. Have fun!





Make your own sensory tray or bowls

You can make your own sensory tray by using different ingredients that you have at home.

In your activity bag you will find lots of different ingredients you can use to create your own tray or bowl.

