

Spring Newsletter



Dear Parents and Carers,

Happy new year! Just a reminder for those parents we do not always see, these are the staff who work in Puffins class.



This term our class topic is healthy me. We will be continuing our work on developing self awareness and we will be looking at what we need to stay happy and healthy. We will be learning about becoming independent in key daily routines such as washing our face and brushing our teeth. This term we are thrilled to have PE with Elliott to help us learn about the importance of movement in keeping us healthy. We will be going on regular walks in the community to the local shop to buy items for our weekly cookery sessions. In these sessions we will be making healthy recipes and being exposed and encouraged to taste new foods. Any donations towards these sessions are greatly appreciated to help us buy ingredients.

This term every Monday we are starting desensitisation sessions. In spring 1 we will be looking at hairdressers and spring 2 doctors. Both of these places can be particularly scary to some of our students with the new space, smells, sounds and close personal contact. We hope that by bring in some of items you may find in these places in to the classroom and having the children experience them in a familiar environment it will help understand that these are not scary, therefore hopefully they are able to tolerate these places better.

If you have a question, query or would like a chat please get in touch via: Class Dojo or call school on 0161 359 5322.

We look forward to continuing to work in partnership with you.

Puffins team,

Molly, Anna, Ame, Rehana and Eriola