Ashgate Menu

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| **Week 1****summer 1/2** | **Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday**  | **Fish Friday**  |
| **Meal Choice 1:** | **W** spicy tomato spaghettigarlic bread | **D** Veg samosaricemango chutney | **W** macaroni in tomato & cheese sauce | **W** spaghetti bolognaise | **D** fish fingers |
| **Meal Choice 2:** | **D** vegetable fingersCriss cross potatoes | W \*\*chicken piehalal chicken pieveg pie | **D**Peri-peri chicken goujons (lemon and herb).golden rice | **D** creamy vegetable slicepotato cubes | **D** Veggie burger |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.**  |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks***  |
| **Meal Choice 5:** | **Plain Pasta (tomato sauce on request)** |
| **Special** |  |  |  |  |  |
| **Accompaniments:** Select accompaniment appropriate to main meal choices | mixed veg | \*\*Roast potatoesCarrots & swede gravy | sweetcorn and peas | sliced carrots | chipsbaked beans  |
| **Second Course:**Cheese & crackers and Yoghurt daily | Jam splat biscuit | iced sponge cake | apple piecustard | rainbow lollyor jelly | Mix up |
| Fruit and salad available from the hatch daily |

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| **Week 2****summer ½** | **Meat Free Monday**  | **Tuesday** Ashgate Menu | **Wednesday** | **Thursday**  | **Fish Friday**  |
| **Meal Choice 1:** | W3 bean chilli  | Dcheese whirlwith salad | **W** creamy cheesy pasta | W cottage piehalal cottage pieveggie cottage pie |  **D** fish fingerschipsspaghetti hoops |
| **Meal Choice 2:** | D cheese lattice finger | Whot doghalal hot dogVeggie hot dogWedges | **D**chicken madrashalal chicken madrasveggie chicken madrasrice | **D** tuna and cheese pinwheel | **W**cheese raviolisalad |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.**  |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks***  |
| **Meal Choice 5:** | **Plain Pasta. (tomato sauce on request)** |
| **Special** |  |  |  |  |  |
| **Accompaniments:** Select accompaniment appropriate to main meal choices | diced potatocarrots & swede | mixed veg | peas | mashsweetcorn |  |
| **Second Course:** Cheese & crackers and Yoghurt daily | biscuit |  blueberry muffin | chocolate crispie  | jellyorartic roll | Mix up |
| Fruit and salad available from the hatch daily |