Ashgate Menu

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| **Week 1**  **summer 1/2** | **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Fish Friday** |
| **Meal Choice 1:** | **W**  spicy tomato spaghetti  garlic bread | **D**  Veg samosa  rice  mango chutney | **W**  macaroni in tomato & cheese sauce | **W**  spaghetti bolognaise | **D**  fish fingers |
| **Meal Choice 2:** | **D**  vegetable fingers  Criss cross potatoes | W  \*\*chicken pie  halal chicken pie  veg pie | **D**  Peri-peri chicken goujons (lemon and herb).  golden rice | **D**  creamy vegetable slice  potato cubes | **D**  Veggie burger |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.** | | | | |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks*** | | | | |
| **Meal Choice 5:** | **Plain Pasta (tomato sauce on request)** | | | | |
| **Special** |  |  |  |  |  |
| **Accompaniments:**  Select accompaniment appropriate to main meal choices | mixed veg | \*\*Roast potatoes  Carrots & swede  gravy | sweetcorn and peas | sliced carrots | chips  baked beans |
| **Second Course:**  Cheese & crackers and Yoghurt  daily | Jam splat biscuit | iced sponge cake | apple pie  custard | rainbow lolly  or  jelly | Mix up |
| Fruit and salad available from the hatch daily | | | | | |

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| **Week 2**  **summer ½** | **Meat Free Monday** | **Tuesday**  Ashgate Menu | **Wednesday** | **Thursday** | **Fish Friday** |
| **Meal Choice 1:** | W  3 bean chilli | D  cheese whirl  with salad | **W**  creamy cheesy pasta | W  cottage pie  halal cottage pie  veggie cottage pie | **D**  fish fingers  chips  spaghetti hoops |
| **Meal Choice 2:** | D  cheese lattice finger | W  hot dog  halal hot dog  Veggie hot dog  Wedges | **D**  chicken madras  halal chicken madras  veggie chicken madras  rice | **D**  tuna and cheese pinwheel | **W**  cheese ravioli  salad |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.** | | | | |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks*** | | | | |
| **Meal Choice 5:** | **Plain Pasta. (tomato sauce on request)** | | | | |
| **Special** |  |  |  |  |  |
| **Accompaniments:**  Select accompaniment appropriate to main meal choices | diced potato  carrots & swede | mixed veg | peas | mash  sweetcorn |  |
| **Second Course:**  Cheese & crackers and Yoghurt  daily | biscuit | blueberry muffin | chocolate crispie | jelly  or  artic roll | Mix up |
| Fruit and salad available from the hatch daily | | | | | |