Ashgate Menu

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| **Week 1****Spring1/2** | **Meat Free Monday**  | **Tuesday** | **Wednesday** | **Thursday**  | **Fish Friday**  |
| **Meal Choice 1:** | **W** Tomato and basil pastaGarlic bread | W Chicken korma Halal Chicken korma Quorn kormaRice | **W** lasagne Halal lasagneVeggie lasagne | **W** Toad in the holeHalal toad in the holeQuorn toad in the hole | **D** Fish finger Veggie fingers  |
| **Meal Choice 2:** | **D** Quorn burger½ cheesy potato skin | **D** Roasted Veg and cheese pinwheelMixed vegDiced potatoes | **D V**eggie nuggets  | **D** Cheesy pasty  | Omelette & chips |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.**  |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks***  |
| **Meal Choice 5:** | **Plain Pasta (tomato sauce on request)** |
| **Special** |  |  |  |  |  |
| **Accompaniments:** Select accompaniment appropriate to main meal choices | Salad |  | WedgesSweetcorn | MashPeasGravy | Chips Beans  |
| **Second Course:**Cheese & crackers and Yoghurt daily | Chocolate chip cookie | Carrot cake | Cherry turnover  | Marble cake | Mix up  |
| Fruit and salad available from the hatch daily |

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| **Week 2****Spring1/2** | **Meat Free Monday**  | **Tuesday** Ashgate Menu | **Wednesday** | **Thursday**  | **Fish Friday**  |
| **Meal Choice 1:** | W Cheese and potato pie | Roast dinnerHalal roast dinnerQuorn roast dinnerRoast potatoesGravy | **W** Potato fish pie | W Chicken sweet & sourHalal chicken sweet & sour Quorn sweet & sourrice |  **D** Fish fingers Veggie fingers  |
| **Meal Choice 2:** | D Veggie breakfast | Spicy chilli pasta bakeGarlic bread  | **D** MeatballsHalal meatballsQuorn meatballs Spaghetti  | **D** French bread pizzaCurly fries | 3 cheese macaroniMixed pepper salad  |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.**  |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks***  |
| **Meal Choice 5:** | **Plain Pasta. (tomato sauce on request)** |
| **Special** |  |  |  |  |  |
| **Accompaniments:** Select accompaniment appropriate to main meal choices | Hash brown Hoops | Sweetcorn  | Tomato sauce for meatballsMixed veg | Green beans | ChipsBaked beans |
| **Second Course:** Cheese & crackers and Yoghurt daily | Jam and coconut sponge  | Lemon drizzle  | Chocolate biscuit | Fruit crumblecustard cake  | Mix up |
| Fruit and salad available from the hatch daily |