Ashgate Menu

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1**  **Spring1/2** | **Meat Free Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Fish Friday** |
| **Meal Choice 1:** | **W** Tomato and basil pasta  Garlic bread | W Chicken korma  Halal Chicken korma  Quorn korma  Rice | **W** lasagne  Halal lasagne  Veggie lasagne | **W** Toad in the hole  Halal toad in the hole  Quorn toad in the hole | **D** Fish finger  Veggie fingers |
| **Meal Choice 2:** | **D** Quorn burger  ½ cheesy potato skin | **D** Roasted Veg and cheese pinwheel  Mixed veg  Diced potatoes | **D V**eggie nuggets | **D** Cheesy pasty | Omelette & chips |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.** | | | | |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks*** | | | | |
| **Meal Choice 5:** | **Plain Pasta (tomato sauce on request)** | | | | |
| **Special** |  |  |  |  |  |
| **Accompaniments:**  Select accompaniment appropriate to main meal choices | Salad |  | Wedges  Sweetcorn | Mash  Peas  Gravy | Chips  Beans |
| **Second Course:**  Cheese & crackers and Yoghurt  daily | Chocolate chip cookie | Carrot cake | Cherry turnover | Marble cake | Mix up |
| Fruit and salad available from the hatch daily | | | | | |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 2**  **Spring1/2** | **Meat Free Monday** | **Tuesday**  Ashgate Menu | **Wednesday** | **Thursday** | **Fish Friday** |
| **Meal Choice 1:** | W Cheese and potato pie | Roast dinner  Halal roast dinner  Quorn roast dinner  Roast potatoes  Gravy | **W** Potato fish pie | W Chicken sweet & sour  Halal chicken sweet & sour  Quorn sweet & sour  rice | **D** Fish fingers  Veggie fingers |
| **Meal Choice 2:** | D Veggie breakfast | Spicy chilli pasta bake  Garlic bread | **D** Meatballs  Halal meatballs  Quorn meatballs  Spaghetti | **D** French bread pizza  Curly fries | 3 cheese macaroni  Mixed pepper salad |
| **Meal Choice 3:** | **Baked Potato Fillings- Cheese, Baked Beans, cheese & beans, Tuna.** | | | | |
| **Meal Choice 4:** | **Sandwiches- Cheese, Ham, Egg or Tuna. *Served with plain popcorn and veg sticks*** | | | | |
| **Meal Choice 5:** | **Plain Pasta. (tomato sauce on request)** | | | | |
| **Special** |  |  |  |  |  |
| **Accompaniments:**  Select accompaniment appropriate to main meal choices | Hash brown  Hoops | Sweetcorn | Tomato sauce for meatballs  Mixed veg | Green beans | Chips  Baked beans |
| **Second Course:**  Cheese & crackers and Yoghurt  daily | Jam and coconut sponge | Lemon drizzle | Chocolate biscuit | Fruit crumble  custard cake | Mix up |
| Fruit and salad available from the hatch daily | | | | | |