

Tasty Sensory Recipes

1. Sherbet
2. Gluten-Free Sherbet

Tasty Sensory Recipes

Sherbet

Ingredients

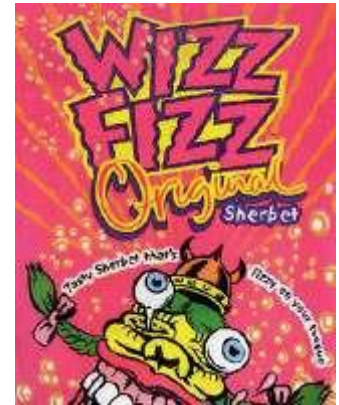
500 gram Icing Sugar

15 ml Baking Soda

15 ml Tartaric Acid

Method

- Sift all ingredients together 3 times.
- Keep in airtight container.



Gluten-Free Sherbet

10 servings

What do I need

- 1 cup gluten-free icing sugar, ensure gluten free (confectioners powdered sugar)
- 1/2 teaspoon citric acid
- 1/2 teaspoon tartaric
- 1/4 teaspoon gluten free baking powder, ensure gluten free

What do I do

Sift and mix all of the ingredients together and store in an airtight container. To make more tangy add more citric acid.

To sweeten add more icing sugar.

A variation is to add jelly crystals to make alternate flavours (just ensure these are gluten free).