

Clay Recipes

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Clay Recipes

Baking Soda Play Clay

What do I need

1 cup corn flour
1¼ cups water
2 cups baking soda

What do I do

- Combine ingredients into a saucepan.
- Cook over low heat, stirring constantly for about 15 minutes.
- After mixture begins to resemble mashed potatoes, remove from the stove.
- Put the clay in a large bowl and cool to comfortable touch before making shapes and free form creatures.
- Place all your creations on a cooling rack for 24 hours to harden.

'Sculpture' Clay

What do I need

2 cups salt

1 cup corn flour

water (Quantity specified in What do I do)

What do I do

Mix the salt and 2/3 cup water in a saucepan. Cook over medium heat for 4 to 5 minutes, stirring until the salt is dissolved. Remove from heat. In a separate bowl, slowly add 1/2 cup water to the corn flour. Stir until smooth, then add to the salt mixture. Return to low heat and cook until smooth, stirring frequently.

Store in a sealed plastic bag.

Place the clay on a tray or paper plate and have children work outdoors or in a sunny area indoors. Give children a lump of clay to model. Children may decorate their sculptures with small objects.

Place the finished items in the sun to dry. When this clay hardens in the sun, it won't crumble.

Bread Dough Clay

What do I need

4 cups flour

1 cup salt

1 1/2 cups water

1 tablespoon cooking oil (for smoothness)

Mix together all the ingredients in a large bowl.

Continue to stir until all water is absorbed, knead for about 5 minutes.

(Clay will keep up to one week in a tightly sealed container. Refrigerate.)

Baker's Clay

What do I need

4 cups flour

1 cup salt

1 1/2 cups water

What do I do

Combine in bowl and mix thoroughly with hands. Knead four to six minutes.

Bake in 190°C oven for 30-50 minutes or until lightly browned. Cool and paint with tempera. (Raw dough can be coloured by using food colouring.)

Make into shapes or use cookie cutters; use a straw to cut a hole for hanging.

Fruity Putty

Ingredients:

- ± 8 ml sugar free fruit flavoured gelatine
- 2 cups flour
- 1 cup salt
- 4 tablespoons cream of tartar
- 2 cups boiling water
- 2 tablespoons cooking oil

Method:

Mix the dry ingredients in a pan. Add the boiling water and cooking oil. Stir over medium-high heat until the mixture forms a ball. Place the ball on waxed paper and cool. Store in an airtight container. Use different flavours to make all different colours and smells.

Crepe Paper Clay

What do I need

- Crepe Paper cut into thin strips (any colours you wish).
- 1 cup flour
- 1 cup salt
- Large container and water



What do I do

Place crepe paper into a large container and add enough water to cover the paper. Let that soak for about one hour until most of the water is absorbed into the paper. Pour off the excess water and add small amounts of flour and salt until you have a clay-like mixture. Create sculptures by forming the crepe paper clay with your hands. Let dry and apply either a varnish or a glue and water mixture to seal.

Bread Clay

What I need:

- 7 Pieces of White Bread
- 7 Teaspoons PVA Glue
- 1/2 Teaspoon Water
- 1/2 Teaspoon dishwashing liquid

What do I do:

Cut the crusts off the pieces of bread. Break the bread into small pieces and put them a medium sized bowl. Add the glue and mix thoroughly. Add the water and dishwashing liquid and mix until you get a nice clay consistency. If you mixture is too dry, add a bit more water. You can make shapes and let air dry, which takes about 24 hours.

Homemade Glitter Clay

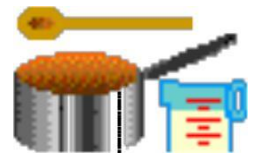


Make homemade glittering modeling clay for your children to play with.

Do not let children eat this dough (it is very salty, so they probably won't eat it, but you can never be sure).

What do I need:

- 3 cups flour
- 1 1/2 cups salt
- 6 teaspoons cream of tartar
- 4 tablespoons vegetable oil
- 3 cups water
- Food colouring
- Glitter (you'll need a lot)



In a big cooking pot, combine the flour, salt, and cream of tartar.

Add the oil, water, and food colouring. Mix until there are no lumps and the colour is uniform.



Heat the mixture on the stove (medium heat) while stirring constantly. Heat it until it forms a ball and pulls away from the sides of the pan.



Let it cool, then knead the glitter into the clay (you'll have to use a lot of glitter). Work on a flat surface (like a kitchen counter). To add glitter, flatten out the clay with your hands and pour some glitter on it. Fold over the clay and knead it for a while. Repeat until the clay looks glittery.

When not in use, store the glitter clay in a plastic bag or plastic container.