

Play dough Recipes

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Play Dough Recipes

Oatmeal Play Dough

What do I need:

- 1 part flour
- 2 parts oatmeal
- 1 part water

What do I do:

Mix What do I need together and form into shapes.

Note: The items made from this play dough recipe can be painted when they are dry.

Cream Cheese Play Dough

What do I need:

- 1 cup cream cheese
- 1/2 cup powder milk
- 1 tablespoon honey
- crackers or bread slices

What do I do:

Combine cream cheese, milk and honey in a bowl and mix until well blended.
Mold sculptures on wax paper.

Storage: Unused portions **MUST BE STORED** in an airtight container and kept refrigerated!!! Because cream cheese is perishable, use the expiration date on the cream cheese package as your guide for how long you can keep this play dough.

Note: The shapes can then be placed on crackers or bread slices, decorated with edibles (celery or carrot slivers, raisins, dried fruit pieces, nuts, or seeds for a healthy snack... then EAT!!

Girl Scout Peanut Butter Play Dough

What do I need:

1 cup peanut butter

1/2 cup honey

2 cups castor sugar



What do I do:

Mix all the ingredients in a bowl, using your hands. Dough should feel soft and pliable.

Storage: When not using, MUST be stored in an airtight container.

Chocolate Play Dough

What do I need:

1 1/4 cups of flour

1/2 cup of cocoa powder

1/2 cup of salt

1/2 tbsp cream of tartar

1 1/2 tbsp cooking oil

1 cup of boiling water



What do I do:

Mix the flour cocoa powder, salt, and cream of tartar together in a bowl. Add the cooking oil and the boiling water; (carefully) mix it together well. Cook it over a low heat until it becomes a doughy ball.

Allow it to cool before kneading it well with your hands. Store in an airtight container for 1-2 weeks.

Smooth Peanut Butter Play Dough

What do I need:

2 cups smooth peanut butter

2 cups rolled oats

2 cups milk powder

2/3 cups honey

What do I do:

Mix all What do I need until thoroughly combined.

Storage: When not using, MUST be stored in an airtight container.



Cloud Dough

1 c Oil
6 c Flour
1 c Water
Food colouring



(Like play dough but more elastic). Mix all and knead.

Homemade Play dough

What do I need

1 cup Flour
1/2 cup Salt
2 tablespoons cooking oil
2 tablespoons Cream of tartar
1 cup Water with desired colour of food colouring

What do I do

Cook the above mixture over medium heat stirring until stiff. Cool and knead out lumps. Store in airtight container.

Jelly Play Dough

What do I need

1 cup all-purpose flour
1/2 cup salt
2 tablespoons cream of tartar
2 tablespoons cooking oil
1 cup warm water
1 pack Jelly (any flavour)

What do I do

Combine and cook over medium-low to medium heat until it thickens and pulls away from the sides of pot and becomes dull.

Knead until cool enough to touch. Store in a closed plastic bag.

Jiggle Dough

What do I need

powdered laundry detergent

PVA Glue

water

large container

food colouring

What do I do:

1. Put about one cup of water in a container.
2. Add glue and food colouring until the mixture is a thick consistency. (It should take about one cup of glue).
3. Add powdered laundry detergent, one tablespoon at a time, until the liquid becomes jiggly. Laundry detergent can be very absorbent, so don't add too much.
4. Play with the jiggle dough to thicken it some more.

The dough is non-stick and can be stored at room temperature in an air tight container or sealed in a bag.

Nummy Edible Play Dough

What I need

2/3 cup Margarine

2/3 cup syrup

1 tsp Salt

2 tsp Vanilla extract

2 lb Powdered sugar

Food colouring (optional)

What do I do

1. Combine the margarine, corn syrup, salt and vanilla extract.
2. Add powdered sugar.
3. Knead dough until it has the right consistency.
4. Divide and add food colouring.

This is a large batch suitable for a small group of preschoolers in a play group or party. Be sure to keep this refrigerated.

Gingerbread Play Dough

What do I need

1 cup flour
1/2 cup salt
2 teaspoons cream of tartar
1 cup water
1 teaspoons oil

To scent - lots of cinnamon, allspice, ginger, nutmeg, whatever!

What do I do

Mix the dry ingredients. Play with the spices till you get the scent you want and then colour. Mix water and oil together first and THEN add them to the dry ingredient mixture. In a pot, cook the mixture for two to three minutes, stirring frequently. The dough will start to pull away from the sides of the pan and clump together. Take the dough out of the pan and knead the dough until it becomes soft and smooth. Allow to cool and store in an air tight container. ENJOY!!

Apple Play Dough

What do I need:

- 1 cup ground cinnamon
- 1 cup apple sauce
- 1/4 cup PVA glue (optional)

What do I do:

1. Add the cinnamon to the apple sauce until you get a clay-like consistency.
2. You may add glue for added thickness.
3. Once the dough is mixed, create shapes with your hands or roll the dough out and use cookie cutters.
4. Add glitter for fun!
5. Let the dough dry.

Apple Play Dough II

What do I need

1 cup ground cinnamon

4 tablespoons white glue

3/4 cup water

What do I do

Mix until the consistency of cookie dough. (Add more water if needed.) Sprinkle cinnamon on the cutting board and knead the dough.

Roll out 1/4-inch thick. Cut into ornament shapes using cookie cutters or popsicle sticks. Punch hole in the top with a straw or pencil before drying (so you can string ribbon through later for hanging). Bake in 180°C oven for 30 minutes or until firm. Let them cool, then decorate!

Microwave Play Dough

What do I need

3 cups plain flour

1/2 cup salt

6 teaspoons cream of tartar

3 tablespoons oil

3 cups water

Food colouring

What do I do

Mix all the ingredients in a microwave dish. Cover and microwave on high for about 7 minutes, stirring half way through. If it is still too moist, just put it back in the microwave for another minute or so. Knead when much cooler. Let students work with it while it is lukewarm if possible.

Potato Dough

What You Need:

- 5 potatoes
- 3 cups Flour



What You Do:

Bake potatoes, in their skins, until they are soft inside (like you would eat them). Peel and then mash potatoes (throw skins away). Combine flour to every four cups of mashed potato and roll until you form a great dough.

Scone Dough

“Make my Own Scone”

Students can each experience this tactile activity and get to eat their creation too!

What I need

- 2 dessertspoons flour
- Pinch baking powder
- 1 teaspoon margarine
- 1 dessertspoon sultanas
- 1 dessertspoon milk

What do I do

- Rub flour, baking powder and margarine together
- Mix in sultanas
- Add milk and stir. Add more milk if required.
- Shape into scone and put on tray.
- Bake at $\pm 200^{\circ}\text{C}$ for 10 minutes.



Pumpkin Pie Play Dough

What do I need

5 1/2 cups flour
2 cups Salt
8 tsp. cream of tartar
3/4 cup oil
[Pumpkin Pie spice](#) (Recipe below)
orange food colouring
4 cups water.



What do I do

(You need to make this in small batches)

Mix cheese in a bowl with margarine.

Add a pinch of flour and mix to a desired consistency. Give each child a piece of waxed paper and his or her lump of mixture. Model freely. Cheese mixture can then be rolled in breadcrumbs. This can be eaten immediately or refrigerated for no more than 2 hours.

Heat over low heat mixing together.

4 tsp. ground cinnamon

2 tsp. ground ginger

1 tsp. ground cloves

1/2 tsp. ground nutmeg

Mix well. Store in an airtight container. Use this as a substitute for store bought pumpkin pie spice. Yield: 7 1/2 teaspoons.

[Recipe for Pumpkin Pie Spice](#)

Gluten-Free Play Dough

What do I need:

½ cup rice flour

½ cup Corn flour

½ cup salt

2 teaspoons cream of tartar

1 cup water

1 teaspoon cooking oil

Food colouring, if desired

What do I do:

Mix all ingredients. Cook and stir on low heat for 3 minutes or until it forms a ball. Cool completely before storing in a sealable plastic bag.

Crunchy Dough

What do I need **per child**

1 shredded wheat biscuit

2 tablespoons glue

Food coloring (optional)

What do I do

Crumble the biscuit into a bowl. Add the glue and food colouring, if desired. Mix the ingredients together until the cereal is completely coated. Makes enough dough for one child.

Objects made with Crunchy Dough will air dry in about 12 hours.

Lavender Flower Play Dough

What do I need

3 cups flour
2 cups water
3/4 cup salt
3 Tablespoons oil
3 Tablespoons cream of tartar

1/8 cup violet powdered tempera paint
15 drops of lavender flower essential oil
purple glitter

What do I do

1. Mix together the first five ingredients.
2. Pour into a large pan and cook the mixture on medium heat. Stir constantly until it pulls away from the sides and forms a ball.
3. Knead until smooth, adding additional flour as necessary.
4. Add the tempera paint and approximately 15 drops of lavender flower essential oil
5. Knead again.
6. Add some purple glitter.
7. Knead again.
8. Cool and store in an airtight container.



RED ROSE PLAY DOUGH

What do I need

3 cups flour
3/4 cup salt
3 tablespoons cream of tartar
1/8 cup powdered red tempera paint
1/8 cup red glitter
2 cups water
2 tablespoons cooking oil
10 drops rose-scented potpourri oil

What do I do

Mix the dry ingredients together in a large, heavy pot. Stir in the water, oil and potpourri scent until the mixture is smooth. Continue to stir the mixture over medium heat until it forms a ball. Put the dough onto a floured board, and knead it until it is cool.



Lemon Play Dough

What do I need

1 1/2 cups water

2 teaspoons liquid food coloring

2 tablespoons cooking oil

2 cups flour

4 tablespoons cream of tartar

1 or 2 drops lemon oil



What do I do

In a large pot, combine water, food coloring and oil.

Add flour, salt and cream of tartar.

Over medium heat, cook and stir for about five minutes, until a ball of dough forms.

Cool the dough for five minutes and then knead it with your hands until smooth.

Store in a zip-type bag or an airtight container in the refrigerator when not in use.

Peppermint Play Dough

What do I need

- 3 cups flour
- 1 1/2 cup salt
- 6 tsp. cream of tartar
- 3 cups water
- 3 Tablespoons oil
- Peppermint essence as needed
- Drops of food colouring - red or green



What do I do

1. Combine all of the ingredients in a saucepan.
2. Cook over medium heat until mixture pulls away from the side of the pan.
Be sure to stir constantly!
3. Knead.
4. Store in an airtight container.

Makes enough for 6 balls of playdough, each fitting into a small butter tub.

Vanilla Play Dough

What do I need

- 2 cups all-purpose flour
- 1 cup salt
- 2 teaspoons cream of tartar
- 2 tablespoons oil
- 2 cups water
- Food colouring
- Vanilla essence

What do I do



Measure out the dry ingredients into a large mixing bowl and then stir them together thoroughly. Put the dry ingredients into a saucepan with the oil, water, food colouring and vanilla extract. Stir continuously over low heat until a dough forms.

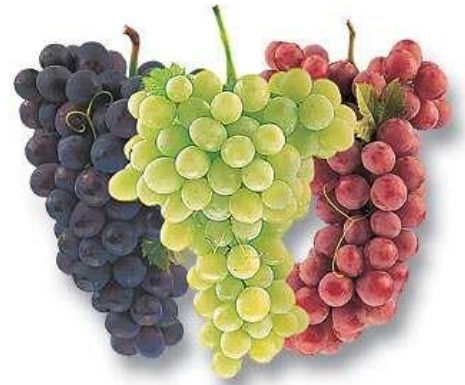
Turn the dough out onto a lightly floured pastry board and knead while the mixture cools. Continue to knead for 5 to 10 minutes. If the mixture is too dry, occasionally dampen your hands while kneading. If it is too sticky, dust the mixture with a little extra flour.

Store play-dough in a plastic container with an airtight lid.

Grape Play Dough

What do I need

- 1 cup flour
- 1/4 cup salt
- 2 tablespoons cream of tartar
- 1 envelope grape Kool-Aid / or any powdered drink mix
- 1 cup water
- 1 tablespoon cooking oil



What do I do

1. Combine all of the ingredients in a saucepan.
2. Cook over medium heat until mixture pulls away from the side of the pan.
Be sure to stir constantly!
3. Knead.
4. Store in an airtight container.

Makes enough for 2-3 balls of play dough, each fitting into a small butter tub.

Strawberry Play Dough

What do I need

- 1 cup flour
- 1/4 cup salt
- 2 tablespoons cream of tartar
- 1 envelope strawberry Kool-Aid drink / or any powdered drink mix
- 1 cup water
- 1 tablespoon cooking oil



What do I do

1. Combine all of the ingredients in a saucepan.
2. Cook over medium heat until mixture pulls away from the side of the pan.
Be sure to stir constantly!
3. Knead.
4. Store in an airtight container.

Makes enough for 2-3 balls of play dough, each fitting into a small butter tub.

Blueberry Play Dough

What do I need

- 1 cup white flour
- 1/2 cup salt
- 2 Tablespoons cream of tartar
- 2 Tablespoons vegetable oil
- 1 cup warm water
- 1 packet blueberry Jelly



What do I do

1. Combine all of the ingredients in a saucepan.
2. Cook over medium heat until mixture pulls away from the side of the pan.
Be sure to stir constantly!
3. Knead.

Store in an airtight container.

SAWDUST PLAY DOUGH

What do I need

- 1 cup sawdust
- 1/2 cup wall paper paste water

What do I do

Mix sawdust and paste together adding enough water to form soft putty like mixture.



Fairy Play Dough

What do I need

1 cup flour
1 tablespoon vegetable oil
1 cup water
1/2 cup salt
2 teaspoons cream of tartar
Food colouring
Glitter

What do I do

Mix all ingredients, with the exception of the glitter, well in a sauce pan. Heat and stir the mixture constantly until it forms a ball. Remove at once. Add the glitter and knead until smooth. Store in a tight sealing container at room temperature.



Rubber Play Dough

What do I need

2 cups baking soda
1 1/2 cups water
1 cup corn flour

What do I do

Mix every thing into a sauce pan. Boil over medium heat until the mix is thick. Plop onto a plate cool and play.

Puff Dough

What do I need

1 cup flour, water
1 bag of cotton balls.

What do I do

- Soak and form into shapes.
- Bake for 1 hour at 325 degrees! Have fun!

Tutti Frutti Playdough

What do I need

1 cup flour
1/4 cup salt
2 tablespoons cream of tartar
1 package Kool-Aid or other powdered fruit drink
1 tablespoon vegetable oil
1 cup water
medium pot, stove

What do I do

1. Mix flour, salt, cream of tartar and Kool-Aid in a medium pot.
2. Add water and oil.
3. Stir over medium heat 3 to 5 minutes.
4. When mixture forms a ball in pot, remove.
5. Knead until smooth.
6. Play and explore with this fragrant, brightly coloured dough as you would any play dough.
7. Put in a plastic bag and refrigerate to store.

Coffee Dough

What do I need

4 c Un-sifted all-purpose flour
1 c Salt
1/4 c Instant coffee
1 1/2 c Warm water

What do I do

1. Dissolve the coffee in the warm water.
 2. In another bowl, mix the flour and the salt.
 3. Make a hole in this and add 1 cup of the coffee water into it.
 4. Mix with a fork or hands until smooth.
 5. Add more coffee water if needed: dough should be smooth and satiny, not sticky or crumbly.
- Store in a plastic bag to prevent drying of the dough. Bake finished designs in a 300 degree oven for 1 hour or more (until hard). Add 2 coats of shellac to preserve.

Nature's Play dough

What do I need

1 cup flour
1/2 cup salt
1 cup water
2 T oil
2 T cream of tartar
beet, spinach, and carrot juice

What do I do

- Mix flour, salt and oil, and slowly add the water.
- Cook over med. heat, stirring until dough becomes stiff.
- Turn out onto wax paper and let cool.
- Knead the dough with your hands until of proper consistency.
- Use as is, or divide into balls and add a few drops of the vegetable juices to make green, pink, and orange.

Exotic smelling dough

Use recipe Nature's Play dough and add lemon extract.

Tropical Dough

Use recipe Nature's Play dough and coconut extract.